



Educational Assistant
Center for Studies and Development of Medical Education
Curriculum planning unit
Combined course plan form (Attendance and absenteeism)

General characteristics of the course

Name of unit: theories	Faculty: Nursing and Midwifery	Course: critical care nursing
Degree: Masters	Number of practical units: --	Number of theoretical units :2
Academic year: 2023-2024	Lecturer: Dr Seidy and Dr. Mahmoudi	Prerequisite or simultaneous course: None
First semester	Class time: 14-16	Class day: Sunday

• **Details of the responsible teacher:**

First name	Last name	rank	group	college	Phone number	Cell phone number
Mokhtar	Mahmoudi	Assistant professor	nursing	Nursing and midwifery	09183762428	

E-mail address of the responsible teacher: mahmodimokhtar85@gmail.com

Profile of associate professors:

First name	Last name	rank	group	college	Phone number	Cell phone number
Jamal	Salehi	PHD	Nursing	Nursing and midwifery	09183781006	

Objectives and introduction of the lesson

A: introduction of the lesson:

Nursing theories and concepts are the basis of practical and comprehensive care in special care units and the production of specific knowledge for optimal care in these units.

B: Specific objective:

At the end of the course, the student should be able to:

- Explain the concepts of phenomenon, structure, theory, paradigm and model.
- To explain the philosophical views towards human, health, environment and nursing
- Describe the main features of a theory.
- Explain the types of theories.
- Express the connection between the model and the theory.
- Describe the history of theory and models in nursing.
- Describe the application of the nursing process in providing nursing services.
- Analyze famous nursing theories and models (Florence Nightingale, Roy, Orem, Johnson, Newman, Rogers, Abda...).
- Use the synergy model in special care.
- Describe biological rhythms (with emphasis on sleep) in special care nursing.
- Explain the concept of comfort and pain and palliative care in special care.
- Explain the concept of deprivation and sensory overload in special care.
- Explain the concept of death and the care of the dying patient.
- Stress management in the clinical environment

Determining face-to-face lesson sessions

No	The title of the face-to-face meeting	Data of presentation	How to present	professor
1	Biological rhythms (with emphasis on sleep) in special care nursing	28/4/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
2	The concept of comfort and pain and palliative care	4/5/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
3	Explain the concept of deprivation and sensory overload in special care.	11/5/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
4	The concept of death and care of the dying patient	18/5/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
5	Stress management in the clinical environment	25/5/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
6	Concepts of phenomenon, structure, theory, paradigm and model	2/6/2025	Lecture/question and answer/reverse class/group activity	Dr Seidy
7	Philosophical views on human, health, environment and nursing	9/6/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi
8	The main characteristics of the theory	16/6/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi

9	Types of theories, relationship between model and theory	23/6/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi
10	Application of nursing process in providing nursing services	30/6/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi
11	Synergy model in special care	7/7/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi
12	A review of more practical theories in nursing	14/7/2025	Lecture/question and answer/reverse class/group activity	Dr Mahmoudi

Determining non-attendance sessions

Anticipated non-attendance part (including the title, date of presentation, the second session of all the in-person and non-attendance sessions)	The reason for the possibility of absenteeism	The method of covering content in absentia (Including how to present, being online or not, required facilities, etc.)
		Master of Nursing does not have a non-attendance unit.

Study resources for students

Book details including title, authors, translators, publications, year and time of publication	Pages and chapters specified for the test
1. Alligood, M.R. Nursing Theory: Utilization & Application, 5Edition.2013.	
10. Johnson, BM. Webber, PB. An introduction to theory and reasoning in nursing. Philadelphia: Lippincott Co. Last edition.	

Article details including title, authors, journal, year and publication number and pages	How students can access the article

Type of content*	Specifications including title and authors/ producers	Description (address in the system or link)

Self-examination, assignments, term-long and end-of-semester projects for students

Self-examination: In this lesson, students individually and in groups of each session criticize part of the course content that was explained in the previous session.

- **Semester-long assignments:** Before each session, the student must have pre-reading based on the course and lesson plans so that he can participate in class activities in the form of questions and answers and group discussions. Also, during the semester, in the discussion room of the Navid system, they can answer or criticize the questions of the professor and other classmates.

- **Semester long project:**

- Presentation of two essay summaries in the field of nursing concepts by the set deadline: 2 marks
- Presentation of the project: the application of one of the models in the patients of special care units in the form of a theoretical plan, along with the introduction, explanation of the theory and related disease, review of the texts, summary: 3 points

- Final exam: 15 descriptive marks and four options

Explanation of the semester long project:

- In the discussions related to Dr. Mahmoudi, each student is required to present a journal club related to one of the pharmaceutical categories in the classroom during the course of the course until the end of the semester.
- ✓ Journal Club should contain at least 15 slides that first provide general and up-to-date information about the drug category, then at least 5 up-to-date studies related to the desired drug category and the latest findings of drugs in this group. Provide journal club. Finally, summarize and show the most important findings in the last slide and summarize your opinions with the group.

Other learning activities

Discussion room (forum) in Navid system

Dear students, use this section to discuss practical work and complete the project. Set a time in advance for each discussion with the teacher and classmates. Also, other teaching aid materials will be uploaded in the Navid system for the development of learning

Evaluation of students

Student evaluation:

How to evaluate and score it:

- Final exam: 15 descriptive marks and MCQ

Name and family name and signature of the teacher responsible for the course

- ✓ **Name and surname and signature of the group manage**